

# **RBC Thromboinflammation: The Direct Red Effect (DRE)**

Mike Goodman, MD University of Cincinnati



### Disclosures

- No relevant financial disclosures
- Not a hematologist
- Don't have a PhD
- Just a simple country trauma surgeon from the Midwest

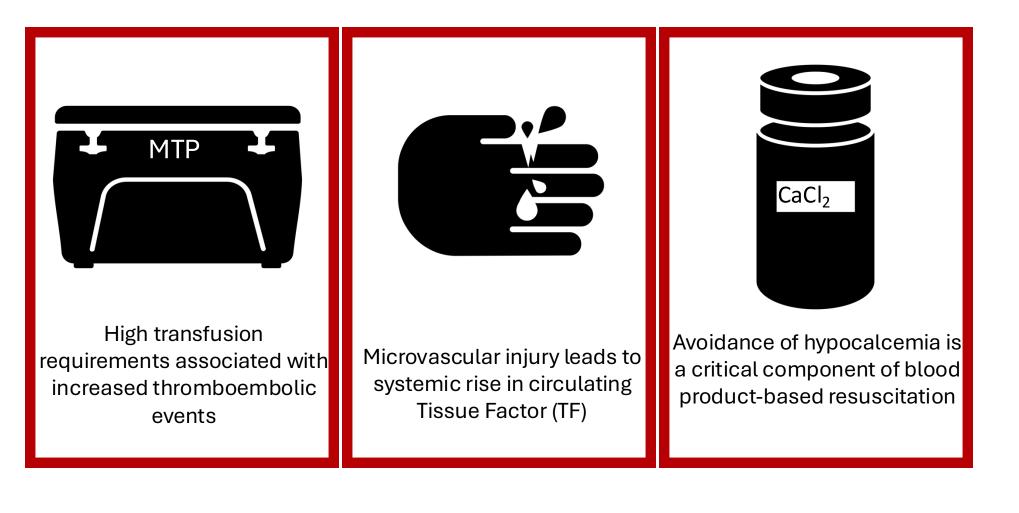


### **RBC Role in Thrombosis**



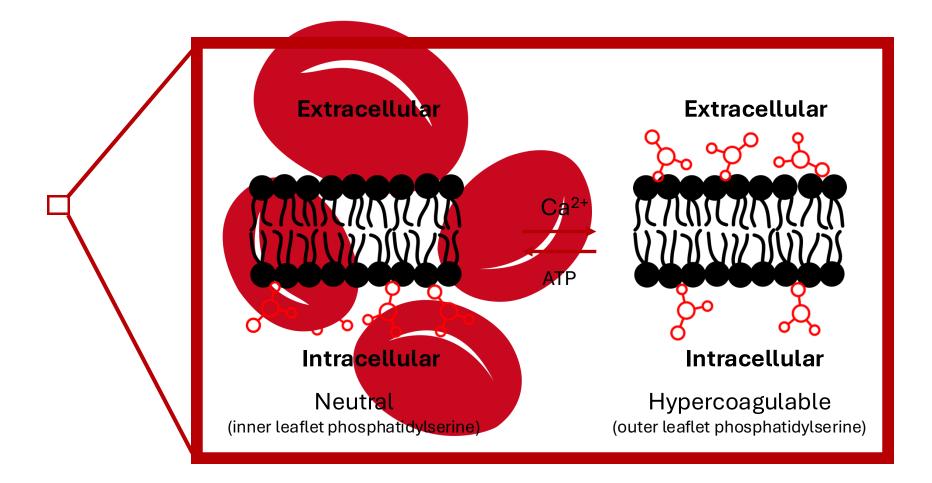


### **RBC Role in Thrombosis**



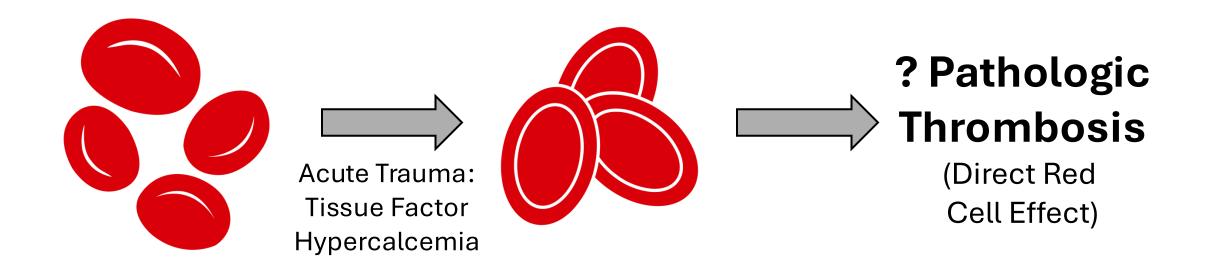


### **RBC Membrane Phospholipid Asymmetry**





# **Initial Aim**

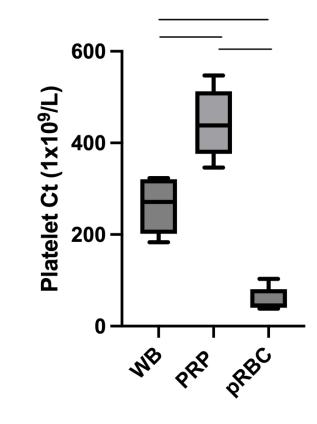


Determine the role of TF and Calcium in the Direct Red Blood Cell Effect on Thrombosis



# Methods - RBC Isolation and Storage

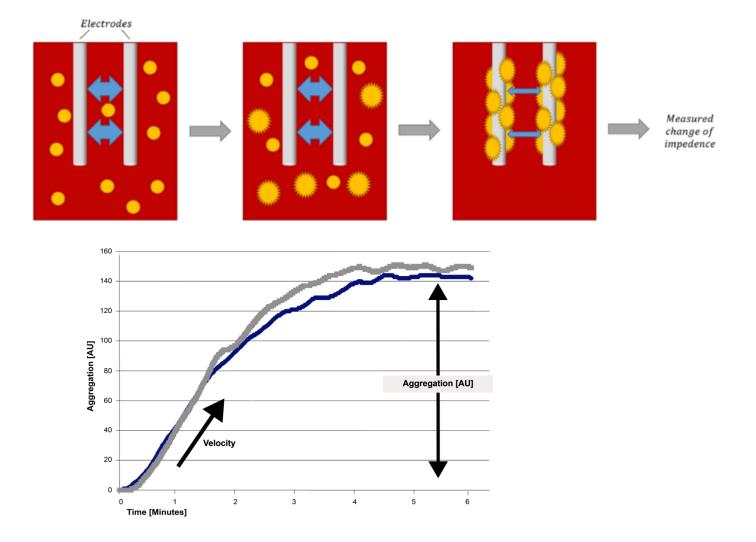
- Fresh whole blood (WB) obtained initially from trauma patient WB samples, subsequently from healthy volunteers (storage day 0-21)
- Centrifuged at 300xG for 6 minutes, 4°C
  - Supernatant removed → "Platelet-Rich" Plasma (PRP)
  - Pellet including RBC, plasma salvaged
- Pellet centrifuged 1000xG for 15 minutes, 4°C
  - Supernatant removed  $\rightarrow$  "Platelet-Poor" Plasma (PPP)
- Remaining pellet → Isolated packed Red Blood Cells (pRBC)
  - Stored in AS-3 Solution at 2:9 ratio with initial WB volume
  - AS-3 composed of saline-based adenine/dextrose solution
- Cell count confirms intended component variation
- Replicates clinical pRBC isolation





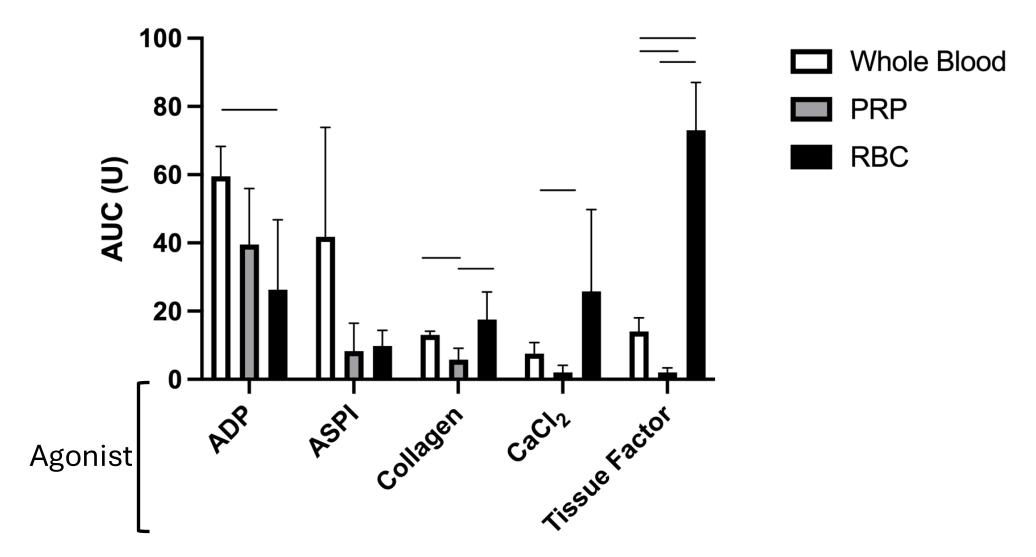
### **Methods - Impedance Aggregometry**





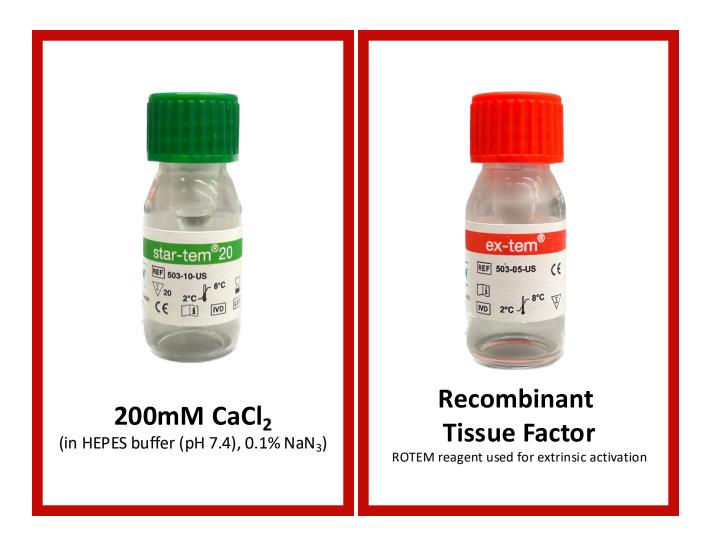


### **Blood Component Aggregation Analysis**





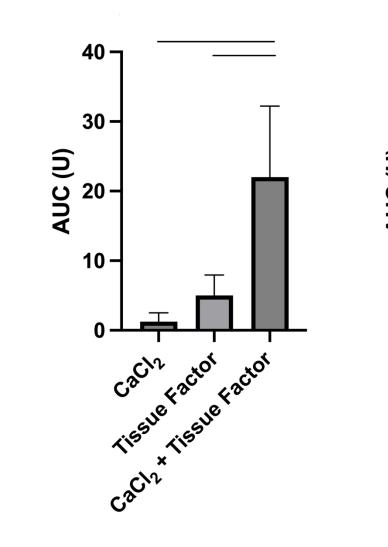
### **RBC Impedance Aggregometry Agonists**

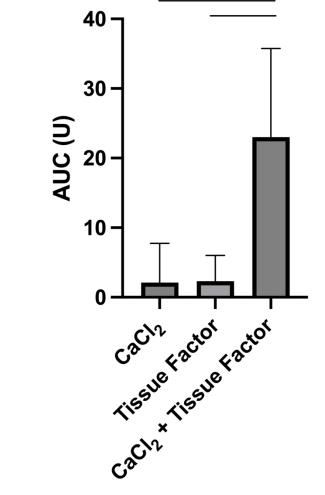




#### **RBC** Aggregation in Populations

Trauma pt WB samples n=9

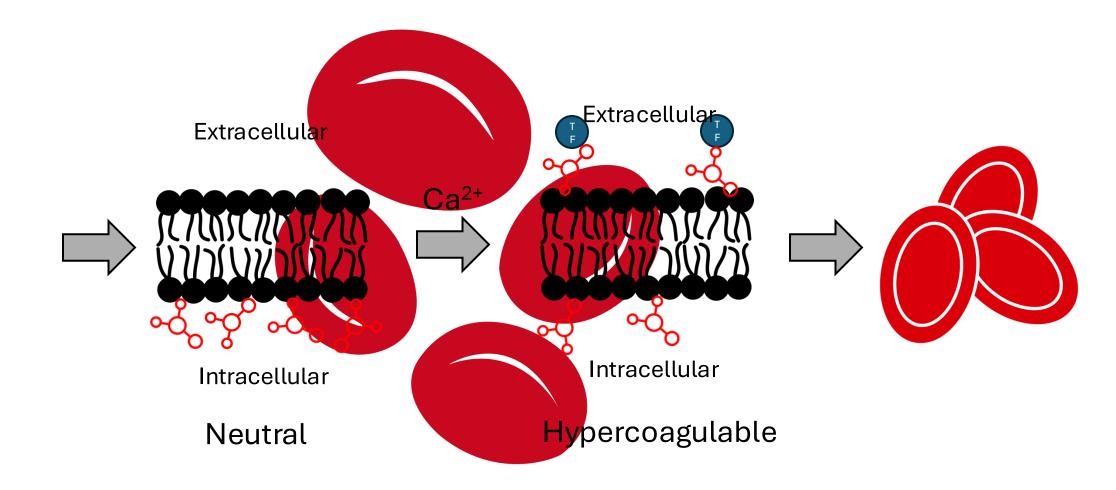




Donated WB, stored as pRBC 21 days n=4

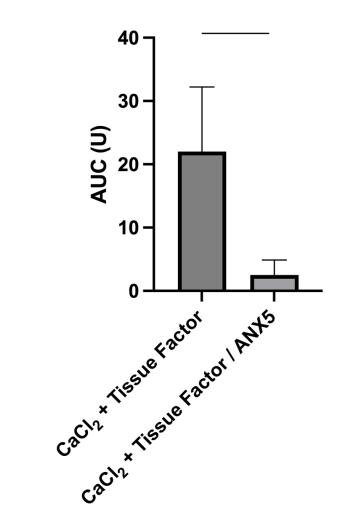


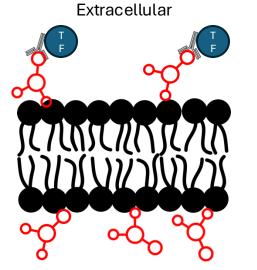
### **RBC Aggregation Requires Calcium and Tissue Factor**



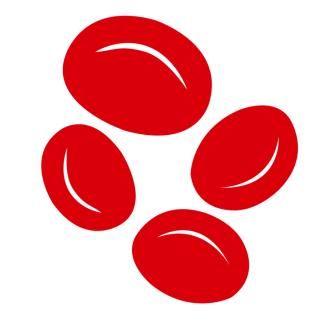


### **RBC** Aggregation Inhibited by PS Blockade





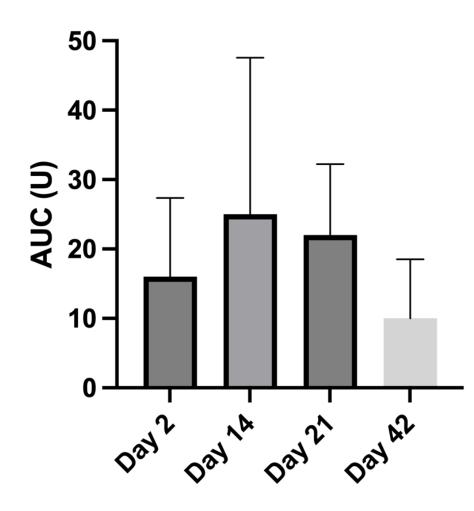
Intracellular



"Hypercoagulable" + PS blockade



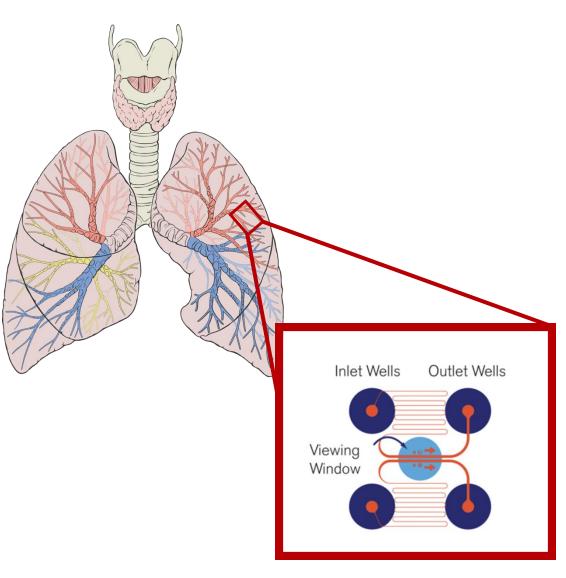
### **RBC Aggregation by Product Age**





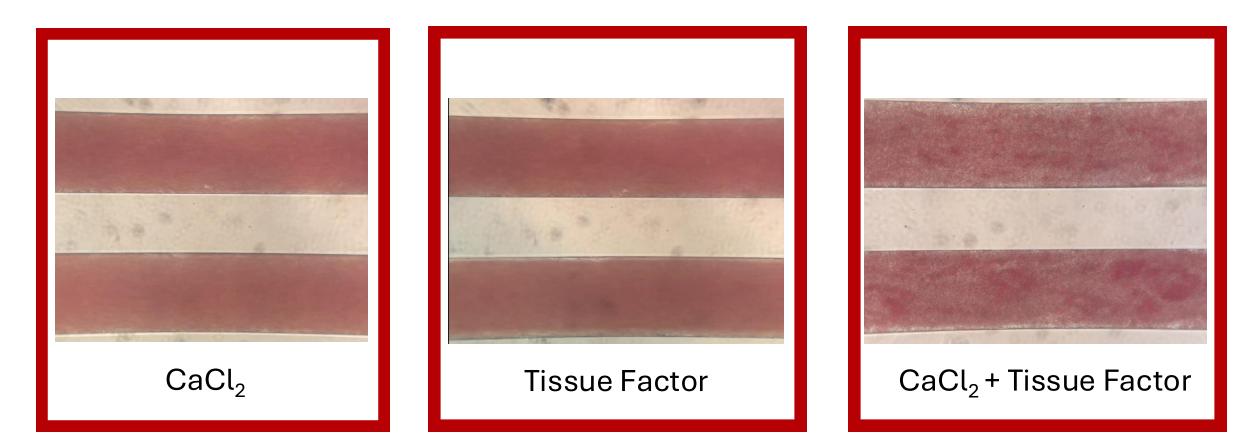
### **Pulmonary Microcirculatory Perfusion**

- Microfluidic channel cultured with Pulmonary Artery Endothelial monolayer
- Perfused RBCs treated with:
  - CaCl<sub>2</sub>
  - Tissue Factor
  - CaCl<sub>2</sub> + Tissue Factor
  - CaCl<sub>2</sub> + Tissue Factor/Annexin V
- Perfused with 10 dyn of force for 60 minutes or until observed thrombosis



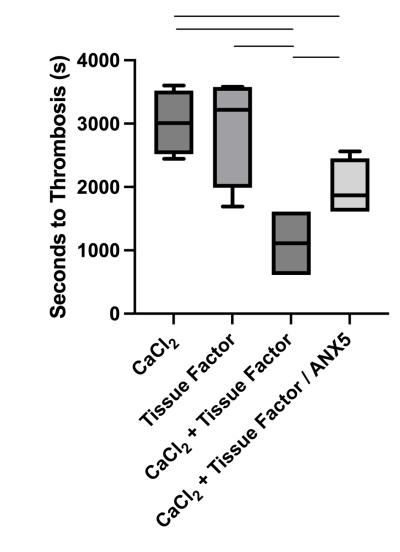


### **Pulmonary Microcirculatory Perfusion**





### **Pulmonary Microcirculatory Perfusion**

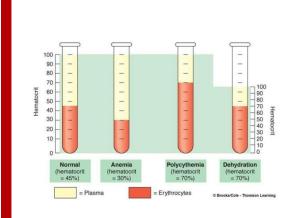




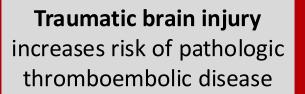
- So, RBCs aggregate
- In response to Ca / TF
- Even in flow conditions
- Critical role of PS
- What makes RBC aggregability increase / decrease
  - Concentration
  - Injury pattern

# **ORIT** Affecting the RBC Role in Thrombosis

INCINNATI RESEA



Relative hemodilution is a known contributor to **Trauma Induced Coagulopathy** 





Hemorrhagic shock has a multifactorial influence on worsening coagulopathy

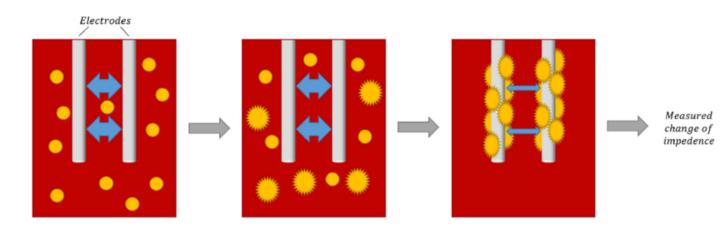


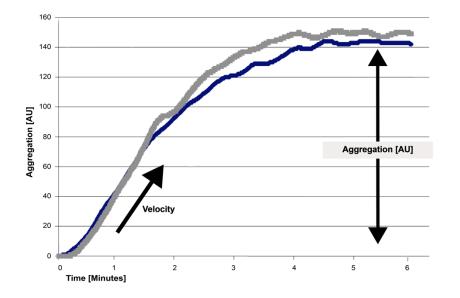
- 1. Determine the effect of dilute hematocrit (hemodilution) on the aggregation behavior of RBCs
- 2. Determine the effect of Traumatic Brain Injury and Hemorrhagic Shock on the RBC aggregation and overall contribution to thrombosis



### Methods – Impedance Aggregometry







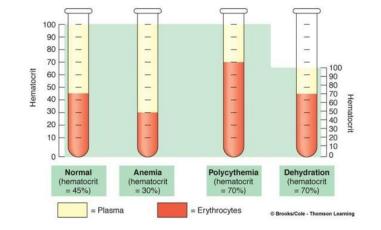




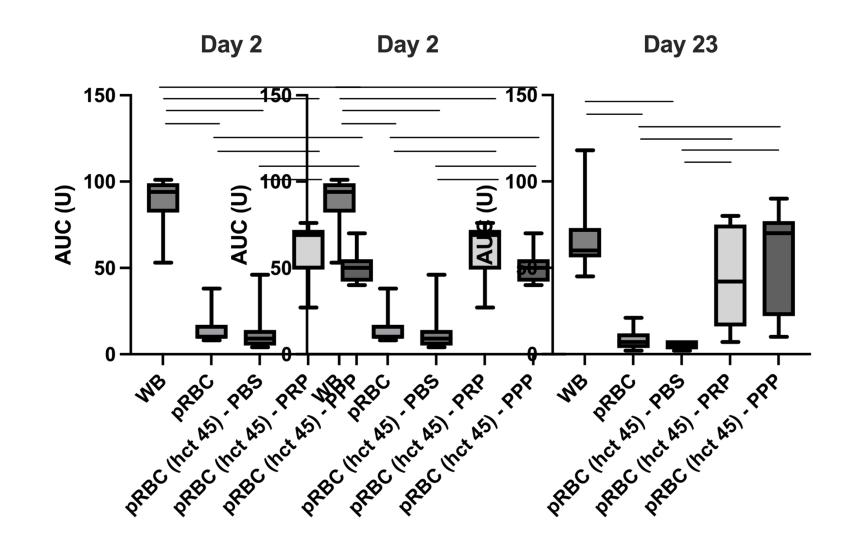
### **Methods – RBC Dilution**

- Isolated packed Red Blood Cells (pRBC) in adenine/dextrose solution
  - Coulter cell counter used to determine HCT for each sample (Range ~50-60%)
- For relevant treatment groups, dilution to HCT 45% was achieved and compared to non-dilute samples
- Dilution mediums included:
  - PBS (inert/neutral)
  - PRP (representing reconstituted whole blood)
  - PPP (RBC and plasma with diminished platelet contribution)



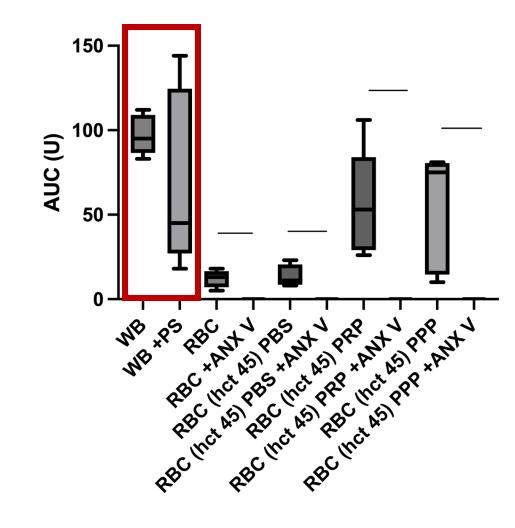


# RBC Aggregation unchanged with dilution / age





# Annexin V blockade still eliminates RBC aggregation?





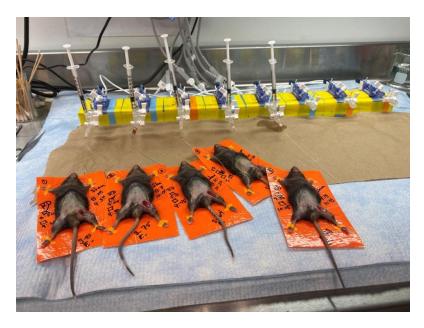
# 1. Determine the effect of dilute hematocrit (hemodilution) on the aggregation behavior of RBCs

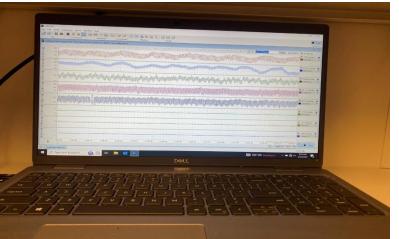
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### Methods – Murine Hemorrhagic Shock

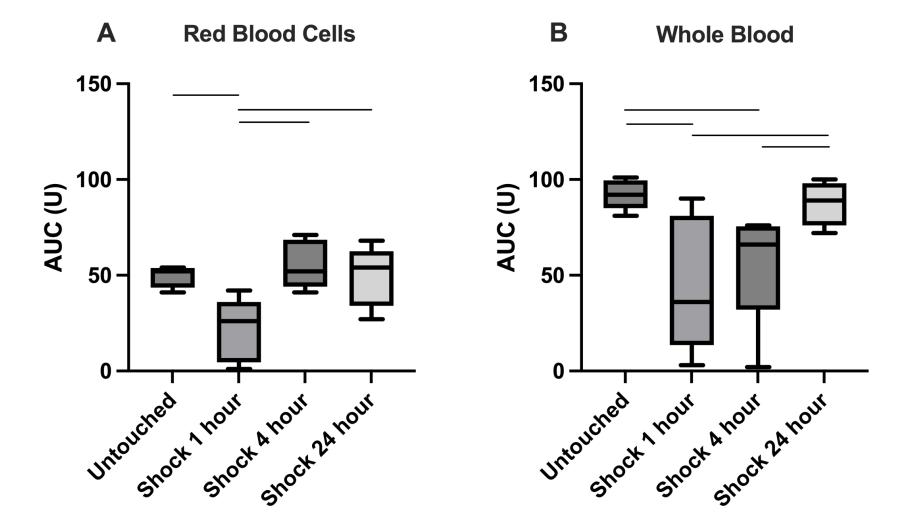
- Monitored hemorrhagic shock induced via controlled bleed
  - Left femoral arterial cannulation
  - MAP of 20-30 mmHg for 60 minutes
  - Resuscitation with Lactated Ringers solution
- Whole Blood Collection/Impedance
  - Completed at 1 hr, 4 hr, 24 hr post-injury
  - Stored in citrate-based storage solution
  - RBCs isolated per 2-spin protocol (previous)
  - Impedance aggregometry post-collection







### Hemorrhagic shock decreases RBC aggregation





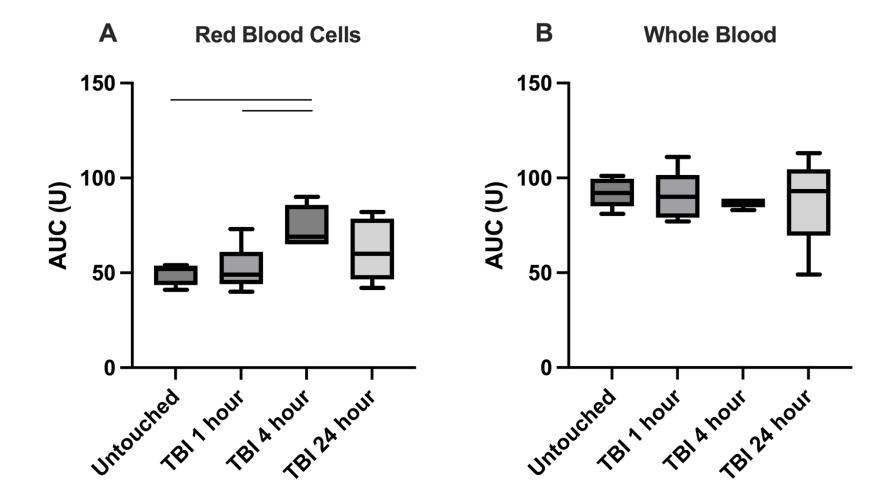
### Methods – Murine Traumatic Brain Injury

- Induction of TBI via **Closed Head Injury** 
  - Isoflurane anesthetic
  - 400g weight drop from 2cm
- Whole Blood Collection/Impedance
  - Completed at 1 hr, 4 hr, 24 hr post-injury
  - Stored in citrate-based storage solution
  - RBCs isolated per 2-spin protocol (previous)
  - Impedance aggregometry post-collection





# **TBI increases early RBC aggregation**





### Conclusions

- Calcium and tissue factor act synergistically to induce RBC aggregation
- **Phosphatidylserine** acts as a key mediator to Ca/TF-based RBC aggregation
- **RBC aging** does not affect aggregation behavior induced by Ca/TF
- RBC aggregation in the presence of transient hypercalcemia and elevated serum TF may act as a nidus for more rapid **thrombus formation** in trauma patients
- In considering thrombosis don't **Forget About DRE** (<u>Direct Red blood cell Effect</u>)



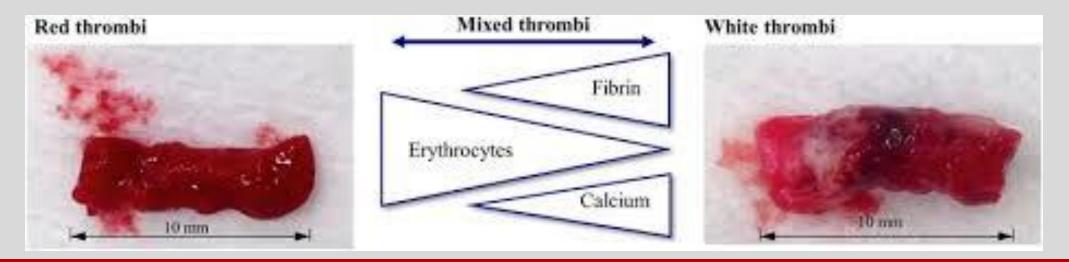
### Conclusions

- Mild dilution does not impact aggregation behavior of RBCs and their potential contribution to thrombus formation
- Clotting factors present in **plasma may influence RBC aggregation potential** more than platelets
- RBC aggregation behavior may serve a previously unrecognized role in the extremes of hypercoagulability and coagulopathy in various injury patterns



## **Moving forward**

- Characterizing the RBC aggregation Rouleaux? Agglutination?
- Studying phosphatidylserine mobility
- Are clots created equal and what is the RBC role after trauma?





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