

June 2022 – THOR Annual Conference



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# RDCR Implementation in the IDF: Challenges and Successes

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**LTC Ofer Almog MD, MHA**



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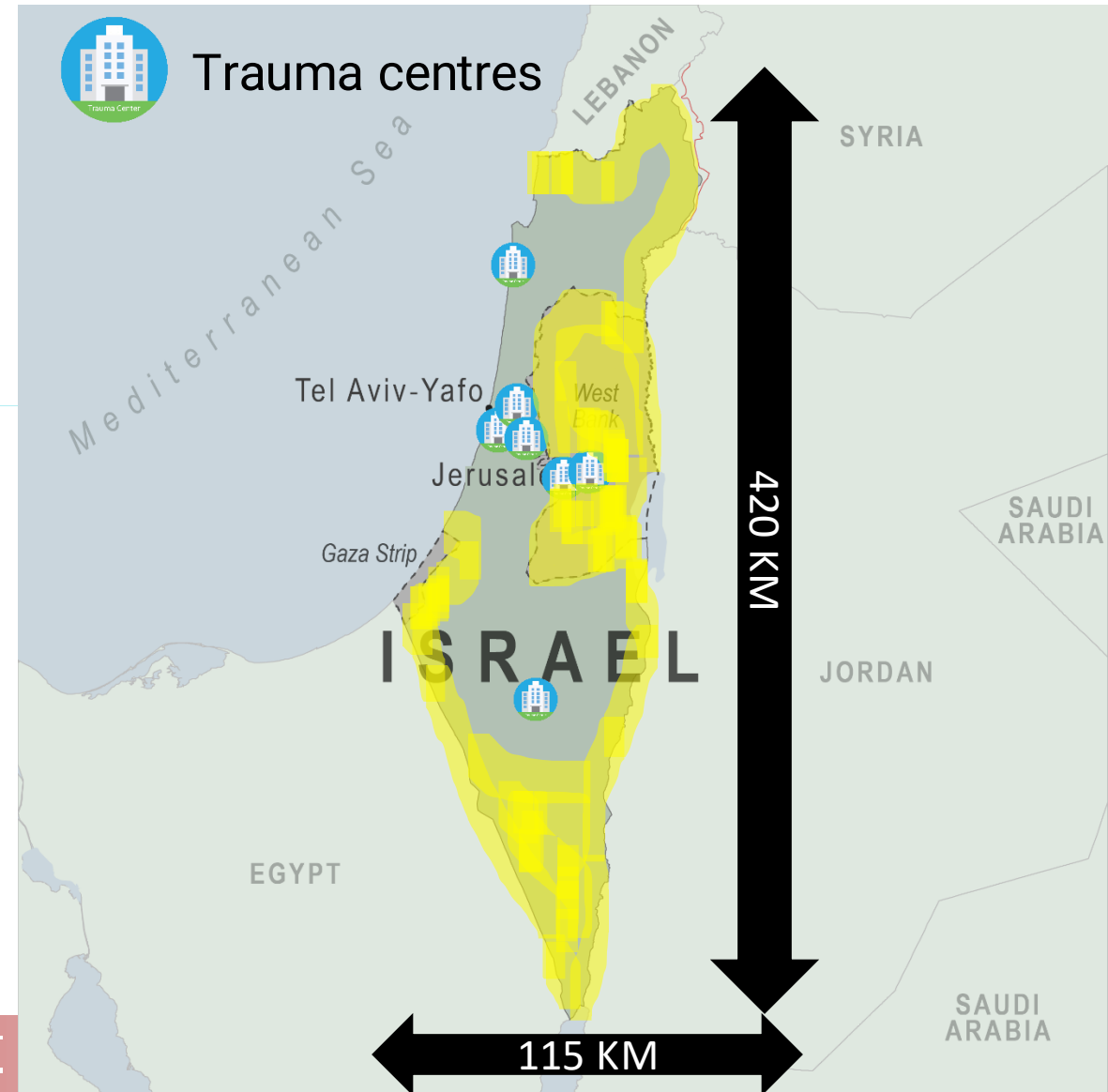
# Thanks & An Apology

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**Sadly, the  
days of  
people using  
proper  
English are  
went.**

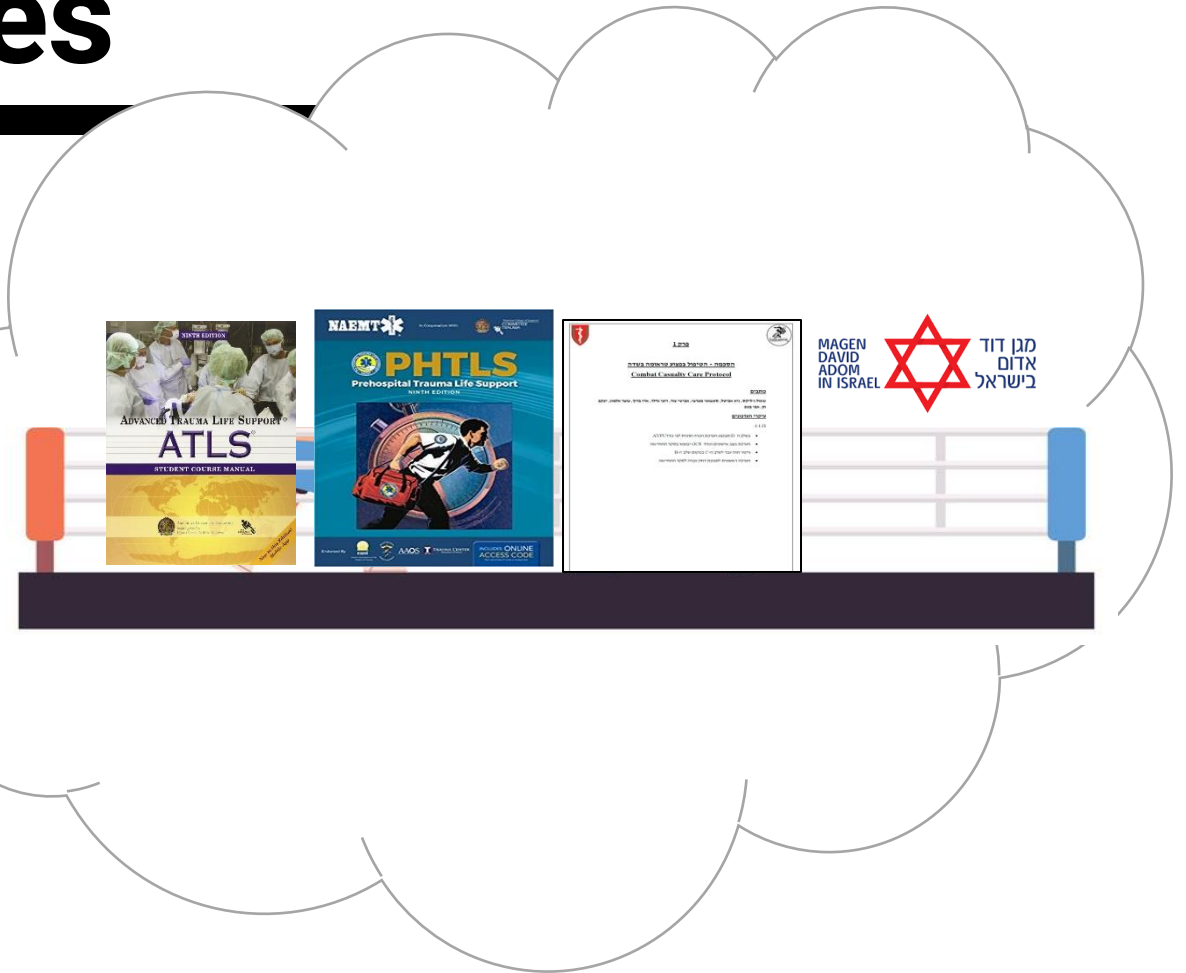
# Introduction

- IDF-MC setting:
  - **ALS providers:** Physicians and paramedics
  - **IDF ALS teams** along the borders and in military bases.
  - **Short** transport times
  - Transport to **civilian hospitals** and trauma centers



# Challenges

- **Heterogeneity** of providers
- **High turnover** and inexperience
- Providers **wary of change/new treatments?**
- **Adherence** to protocols



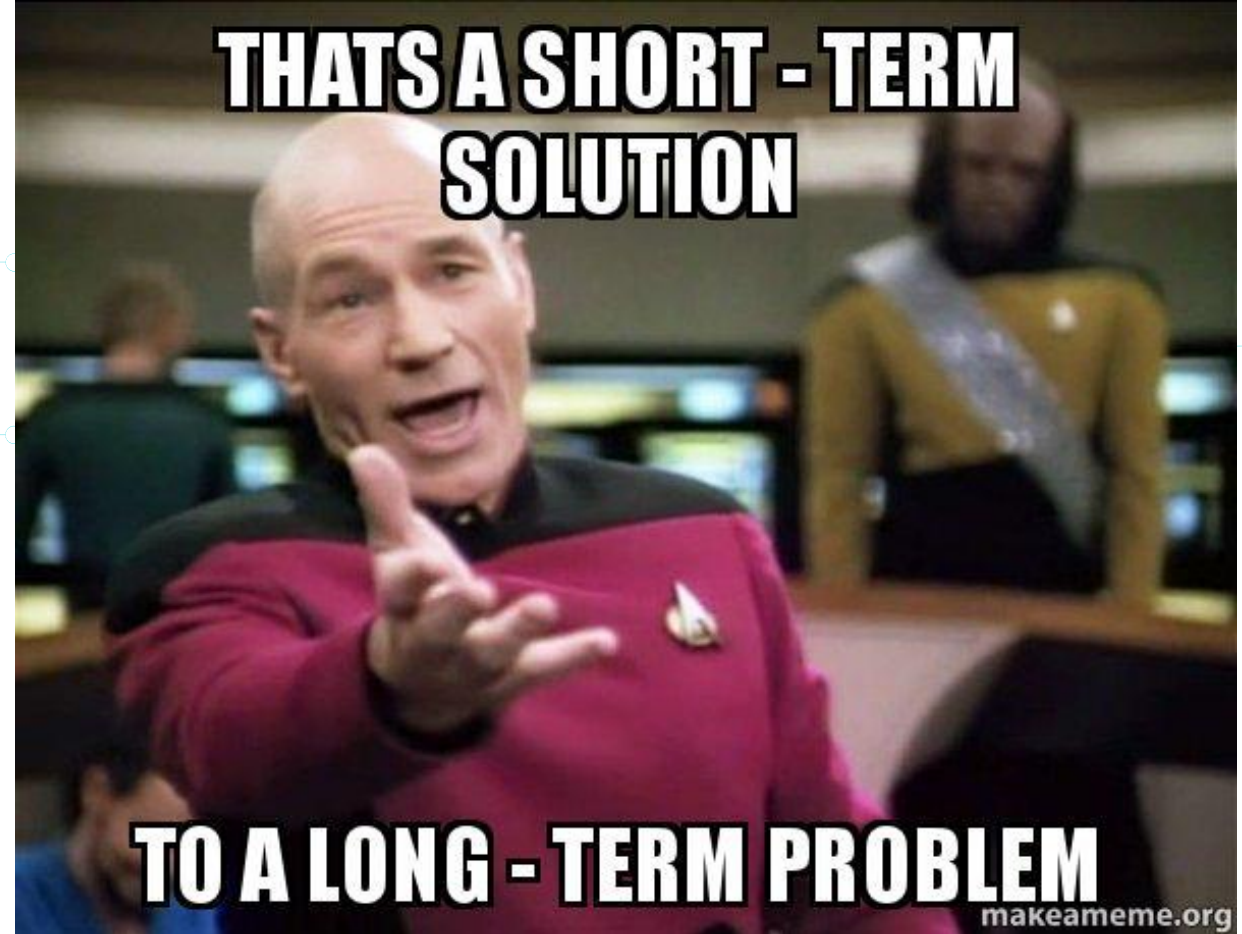
# ALS Providers (active duty)

## Physicians

- 26 years old
- Med-school graduates (+)...
- Field service ~1.5-5 years

## Paramedics

- 19 years old
- 14 months training\*
- Effective Field service ~22 months



# ALS Providers (reserve duty)

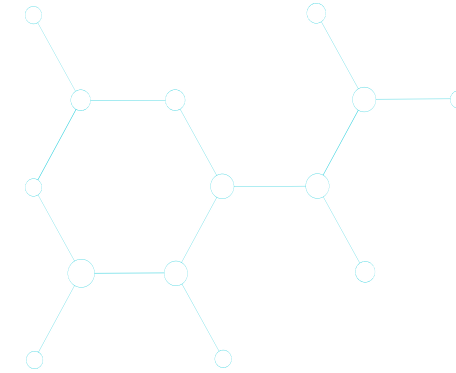
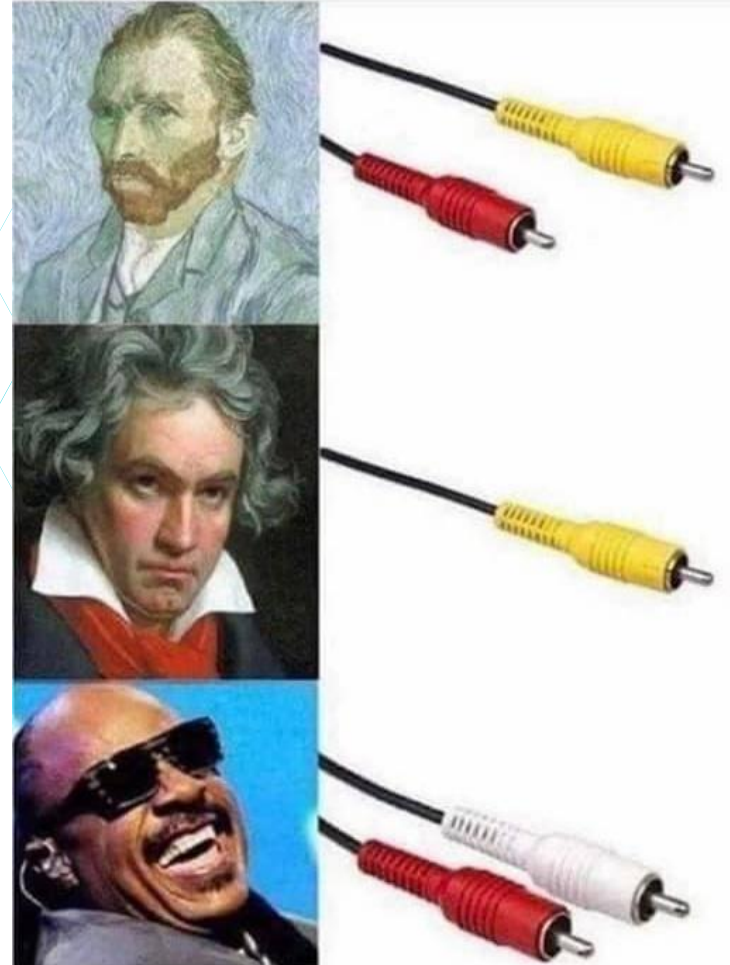
## Physicians

- ~30s-40s
- Military service graduates
- Med-school graduates +/- residency
- Working as physicians

## Paramedics

- ~20s-40s
- Military service graduates
- EMT-P course graduates
- Most don't work as Paramedics

HDMI kids won't understand





# ALS Providers

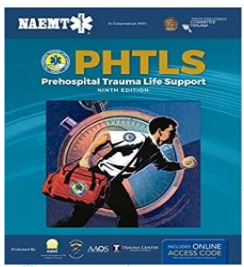
		ALS Ambulances	Battalions	Special Forces	Medevac	Brigades-Medical companies (ICU+FST)
Routine	Active Duty	✓	✓	✓	✓	
	Reserve				✓	
Wartime (addition)	Active Duty					
	Reserve	✓ ✓	✓ ✓	✓	✓	✓



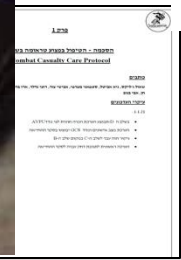
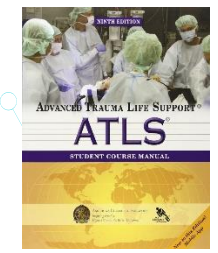
BECAUSE NOBODY TELLS ME WHAT TO DO



# Paramedics

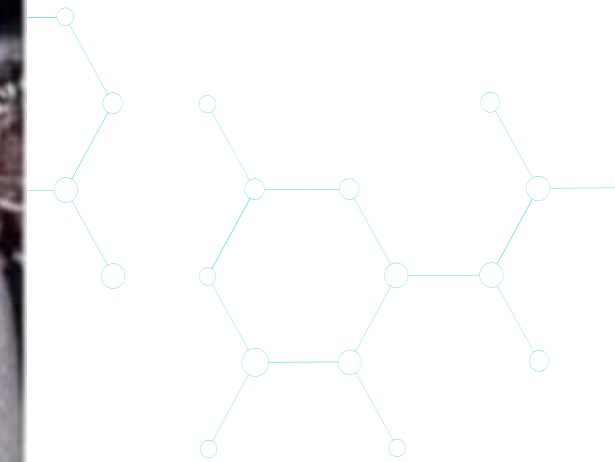
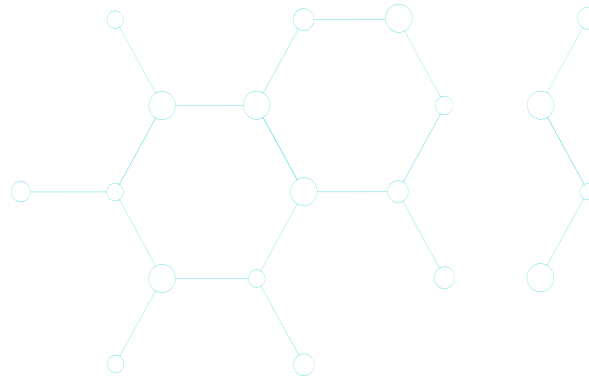
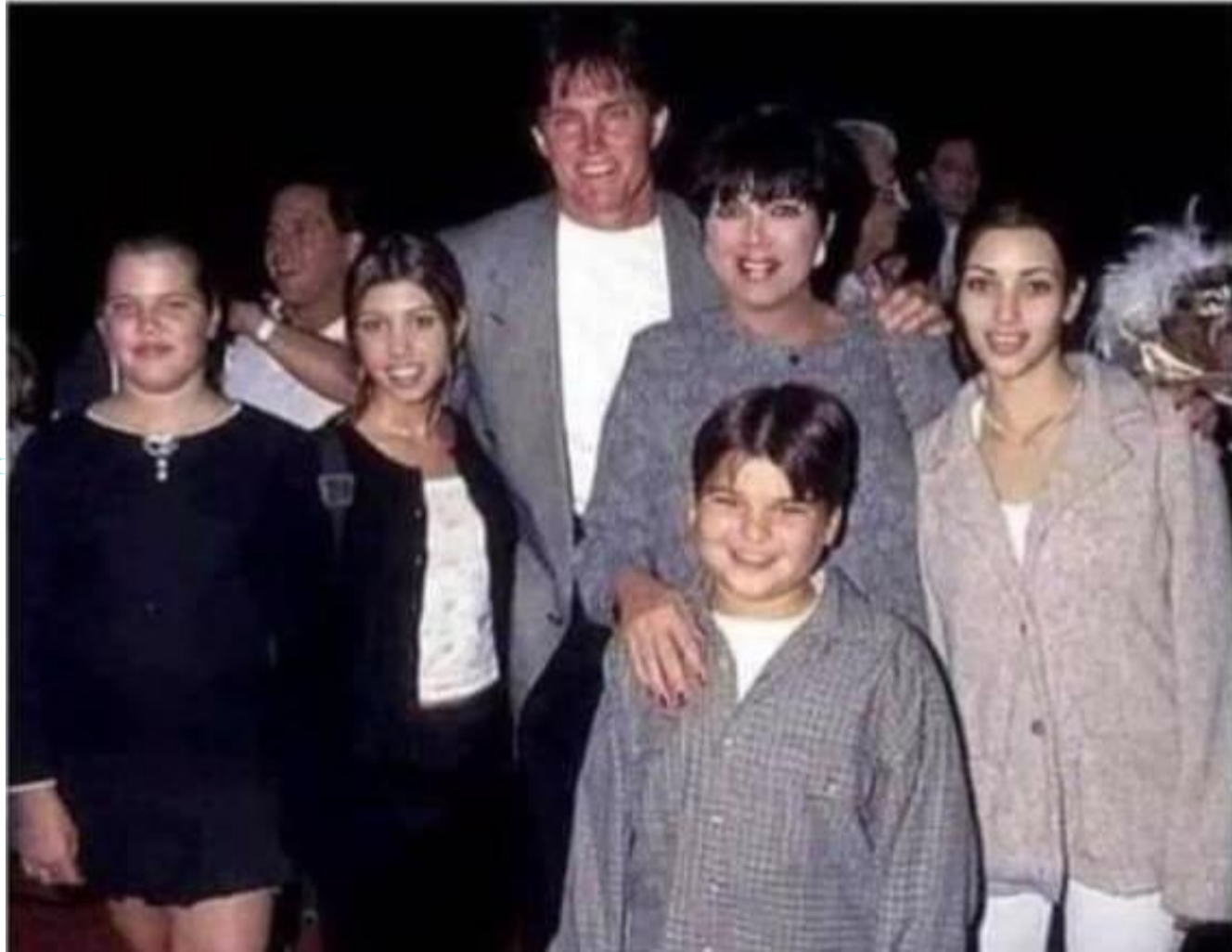


# Physicians & Physicians

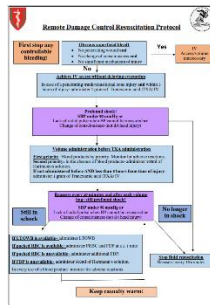
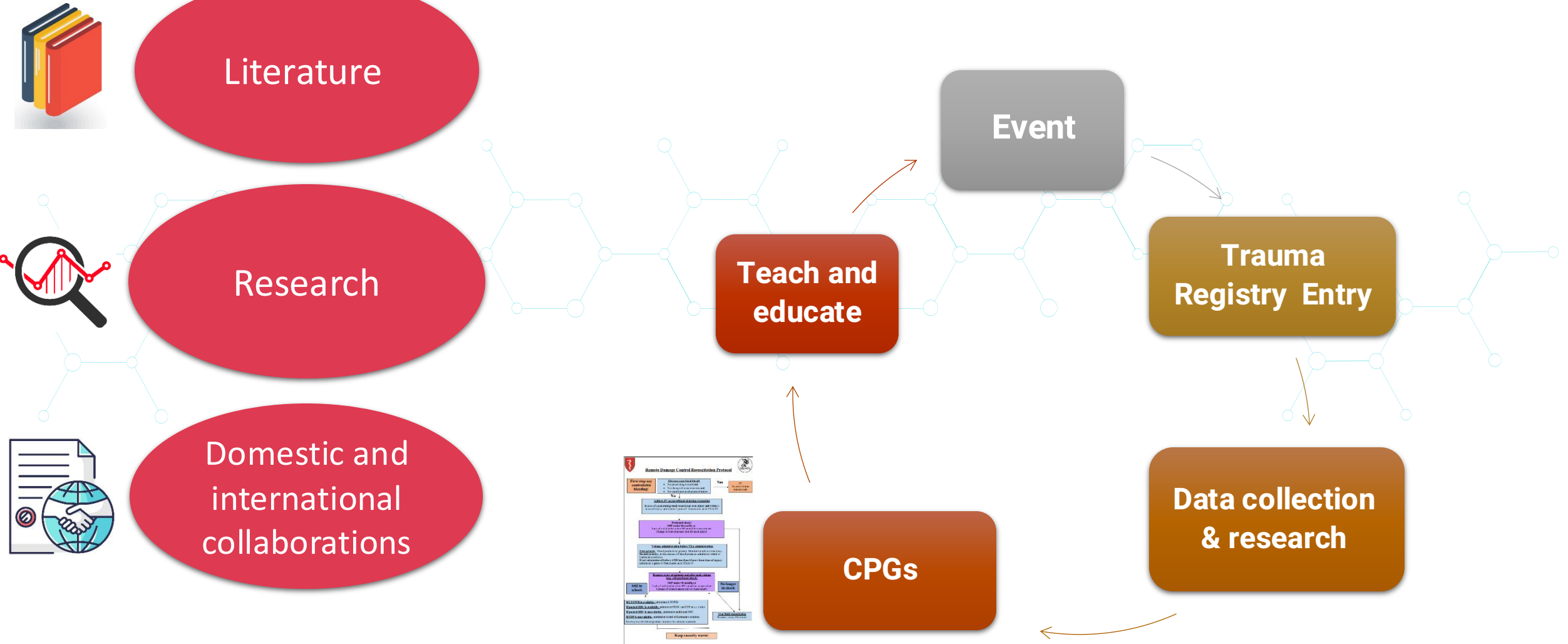




# Believe it or not, changes are possible!



# How do we adapt and improve?



# Bringing Tranexamic Acid forward

## TXA for ALS Providers (2013)

Tranexamic acid in the prehospital setting: Israel Defense Forces' initial experience

Ari M. Lipsky<sup>a,1</sup>, Amir Abramovich<sup>a,1</sup>, Roy Nadler<sup>a</sup>, Uri Feinstein<sup>a</sup>, Gadi Shaked<sup>b</sup>, Yitshak Kreiss<sup>c</sup>, Elon Glassberg<sup>a,\*</sup>

<sup>a</sup> Trauma & Combat Medicine Branch, Medical Corps, Israel Defense Forces, Israel

<sup>b</sup> Department of Surgery, Soroka Medical Center, Beer-Sheba, Israel

<sup>c</sup> Surgeon General's Headquarters, Medical Corps, Israel Defense Forces, Israel

Tranexamic acid at the point of injury: The Israeli combined civilian and military experience

Roy Nadler, MD, Sami Gendler, MD, Avi Benov, MD, MHA, Refael Strugo, MD, Amir Abramovich, MD, and Elon Glassberg, MD, MHA, Ramat Gan, Israel

**Conclusions:** We have shown that TXA may be successfully given in the prehospital setting without any apparent delays in evacuation. In light of recent evidence, the ability to give TXA closer to the time of wounding represents an important step towards improving the survival of trauma victims with haemorrhage, even before definitive care is available. While this may be especially relevant in austere combat environments, there is likely benefit in the civilian sector as well. The safety profile of TXA is an important consideration as prehospital personnel tended to overtreat casualties without indications for TXA per protocol. We suggest that TXA be considered a viable option for use by advanced life support providers at or near the point of injury.



# Bringing FDP forward

## FDP for ALS Providers (2013)



The NEW ENGLAND  
JOURNAL of MEDICINE

NEJM.ORG

Point-of-injury use of reconstituted freeze dried plasma as a resuscitative fluid: A special report for prehospital trauma care

Elon Glassberg, MD, MHA, Roy Nadler, MD, Todd E. Rasmussen, MD, Amir Abramovich, MD, MPH, Gomer Erlich, MD, Lorne H. Blackbourne, MD, and Yitshak Kreiss, MD, MPA, MHA, Ramat Gan, Israel



**TO THE EDITOR:** In the article by Myburgh and Mythen on resuscitation fluids, trauma, which is the leading cause of death among young, productive persons, was not addressed.<sup>1</sup> The authors do not mention prehospital settings, where fluid resuscitation is routine.

We have recently introduced plasma as the resuscitation fluid of choice for hemorrhaging trauma patients in the prehospital setting, a use not discussed in the article. This is unlike its use as a supplement to blood-product transfusion in hospital settings.<sup>2</sup> In fact, plasma (i.e., in lyophilized form) as a volume expander meets the requirements suggested by the authors for the “ideal” resuscitation fluid, although of course not without disadvantages. Our initial experience indeed supports it as an improved resuscitator fluid.<sup>3</sup> Could the authors comment on this special case?

Elon Glassberg, M.D., M.H.A.

Roy Nadler, M.D.

Yitshak Kreiss, M.D., M.H.A., M.P.A.

# Bringing whole blood forward

## LTOWB for MEDEVAC teams (2018)

### Early experience with transfusing low titer group O whole blood in the pre-hospital setting in Israel

Roy Nadler<sup>1,2,f</sup> Avishai M. Tsur,<sup>1,f</sup> Mark H. Yazer<sup>3,4</sup> Eilat Shinar,<sup>5</sup> Tzadok Moshe,<sup>5</sup> Avi Benov,<sup>1,6</sup> Elon Glassberg,<sup>1,6,7</sup> Danny Epstein,<sup>1</sup> and Jacob Chen<sup>1</sup>

### Low-Titer Group O Whole-Blood Resuscitation in the Prehospital Setting in Israel: Review of the First 2.5 Years' Experience

Dan Levin<sup>a</sup> Maoz Zur<sup>b</sup> Eilat Shinar<sup>c,d</sup> Tzadok Moshe<sup>c,d</sup> Avishai M. Tsur<sup>a,e</sup>  
Roy Nadler<sup>a,f</sup> Mark H. Yazer<sup>g,h</sup> Danny Epstein<sup>a,i</sup> Guy Avital<sup>a,j</sup> Shaul Gelikas<sup>a</sup>  
Elon Glassberg<sup>a,k,l</sup> Avi Benov<sup>a,k</sup> Jacob Chen<sup>a,m</sup>



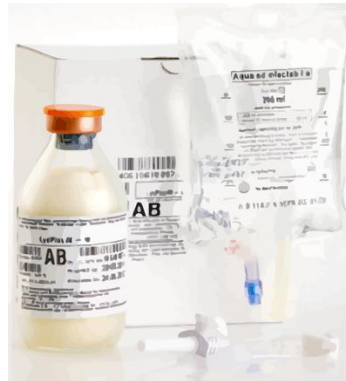
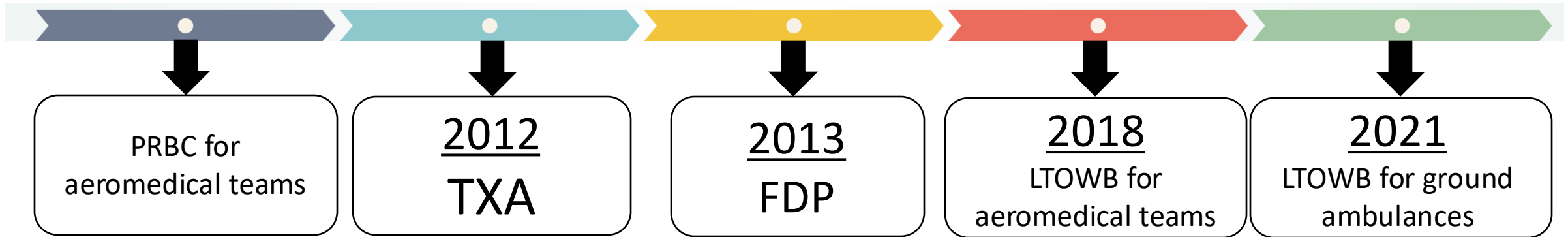
# Bringing whole blood forward

## LTOWB for ground EMS teams (2021)





# RDCR Evolution



Commando "RDCR providers"



Ground teams (Led by paramedics/physicians)

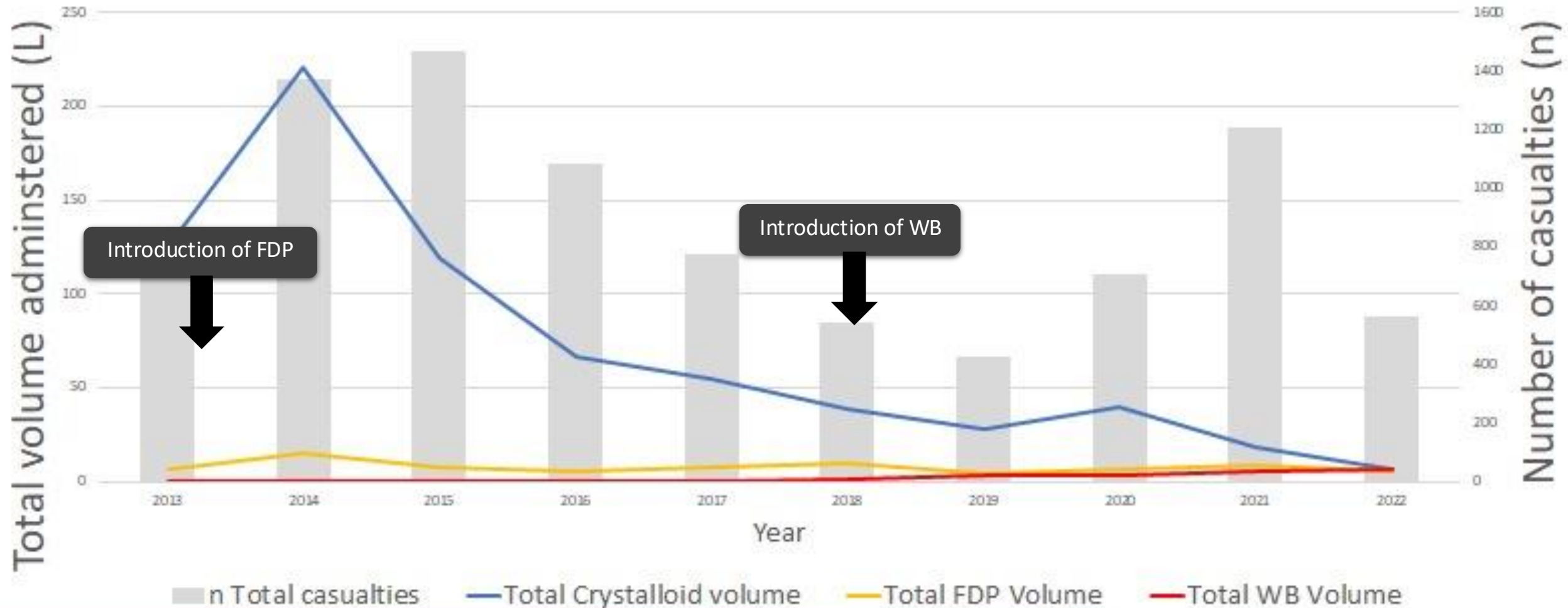


Aeromedical evacuation/military ALS ambulances



# Total fluid volumes

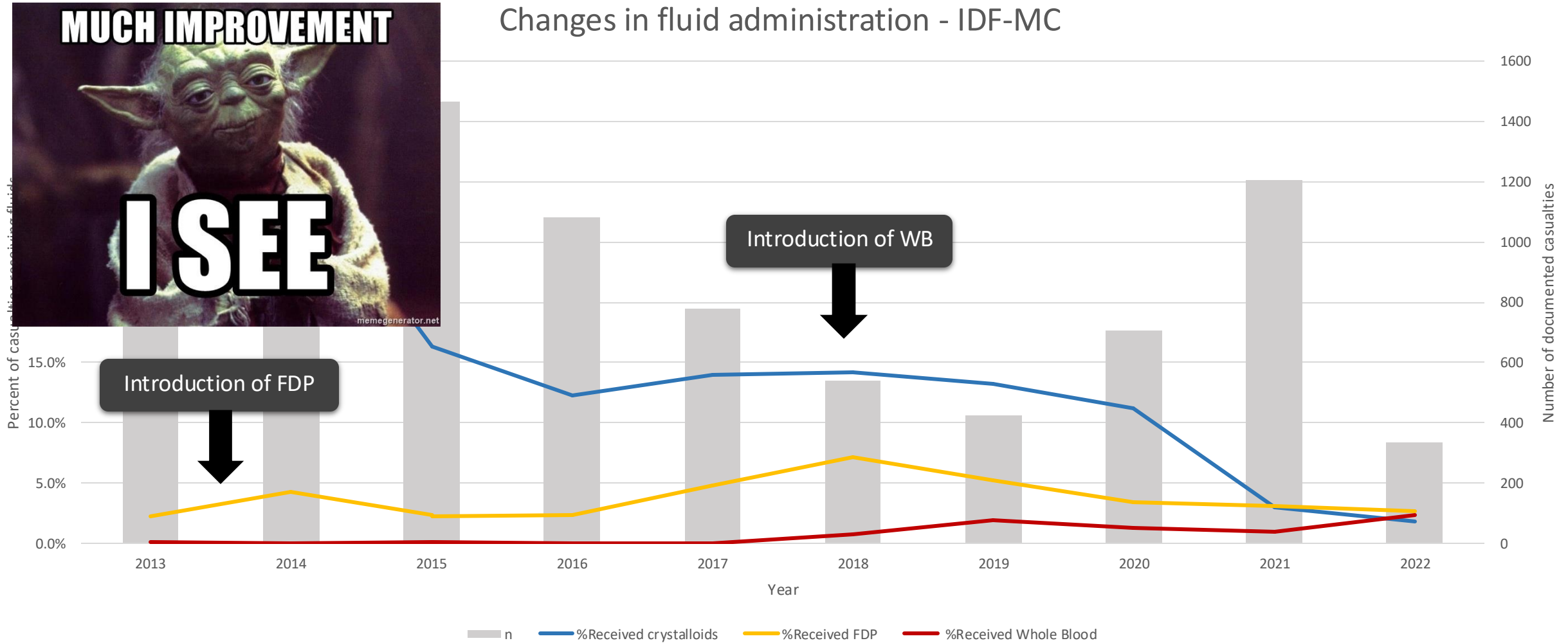
Total fluid volumes administered by IDF-MC providers 2013- 2022





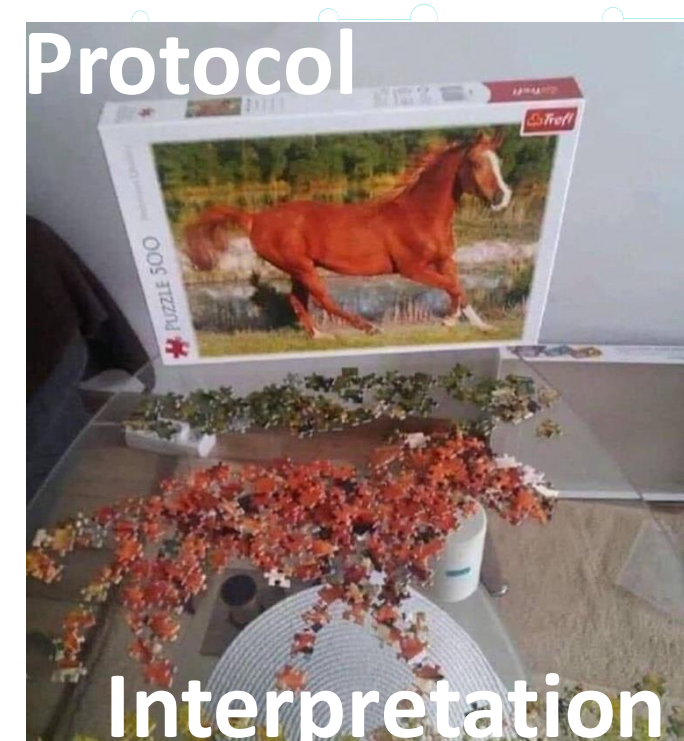
# Changes in volume administration

Changes in fluid administration - IDF-MC



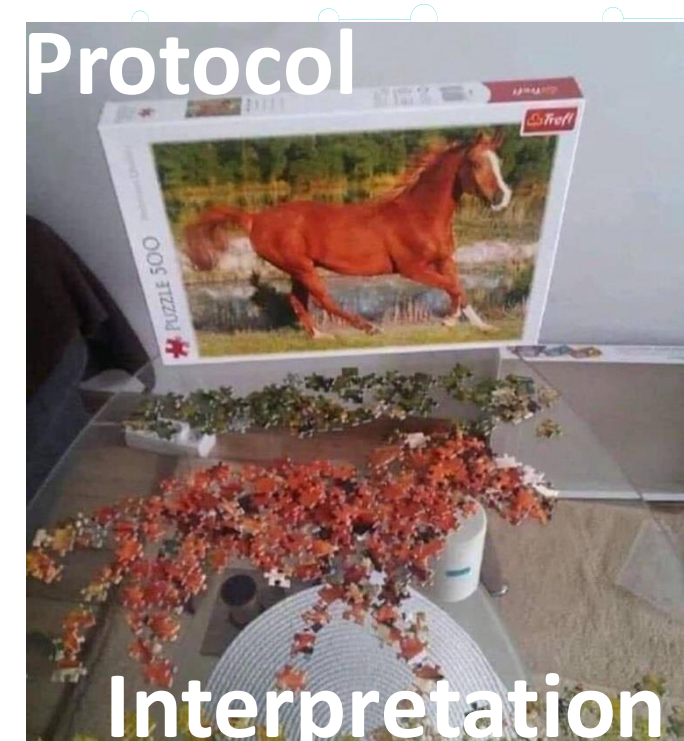
# And yet...

**Whole blood units were discarded because of inadequate temperature.**



# And yet...

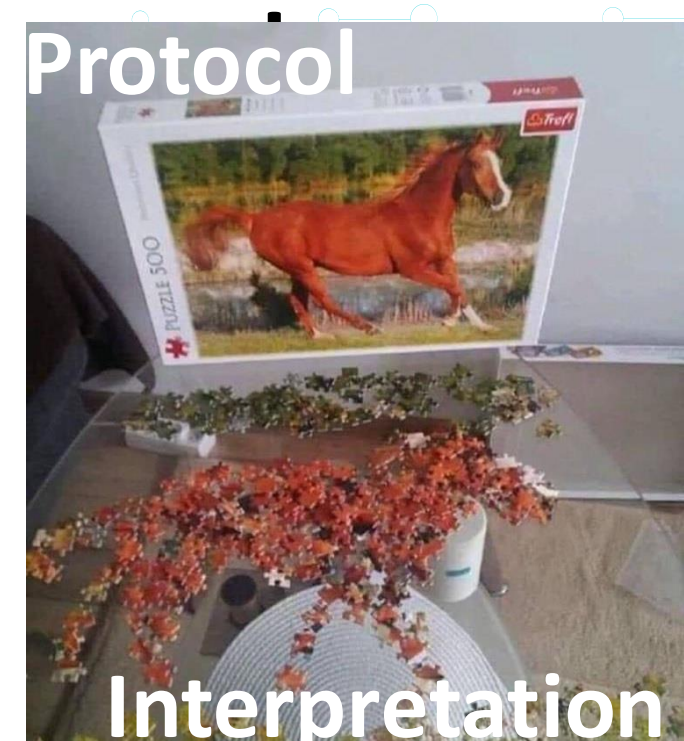
**30 years old patient with isolated blunt force trauma to the tibia is treated with FDP, because HR > 130.**



# And yet...

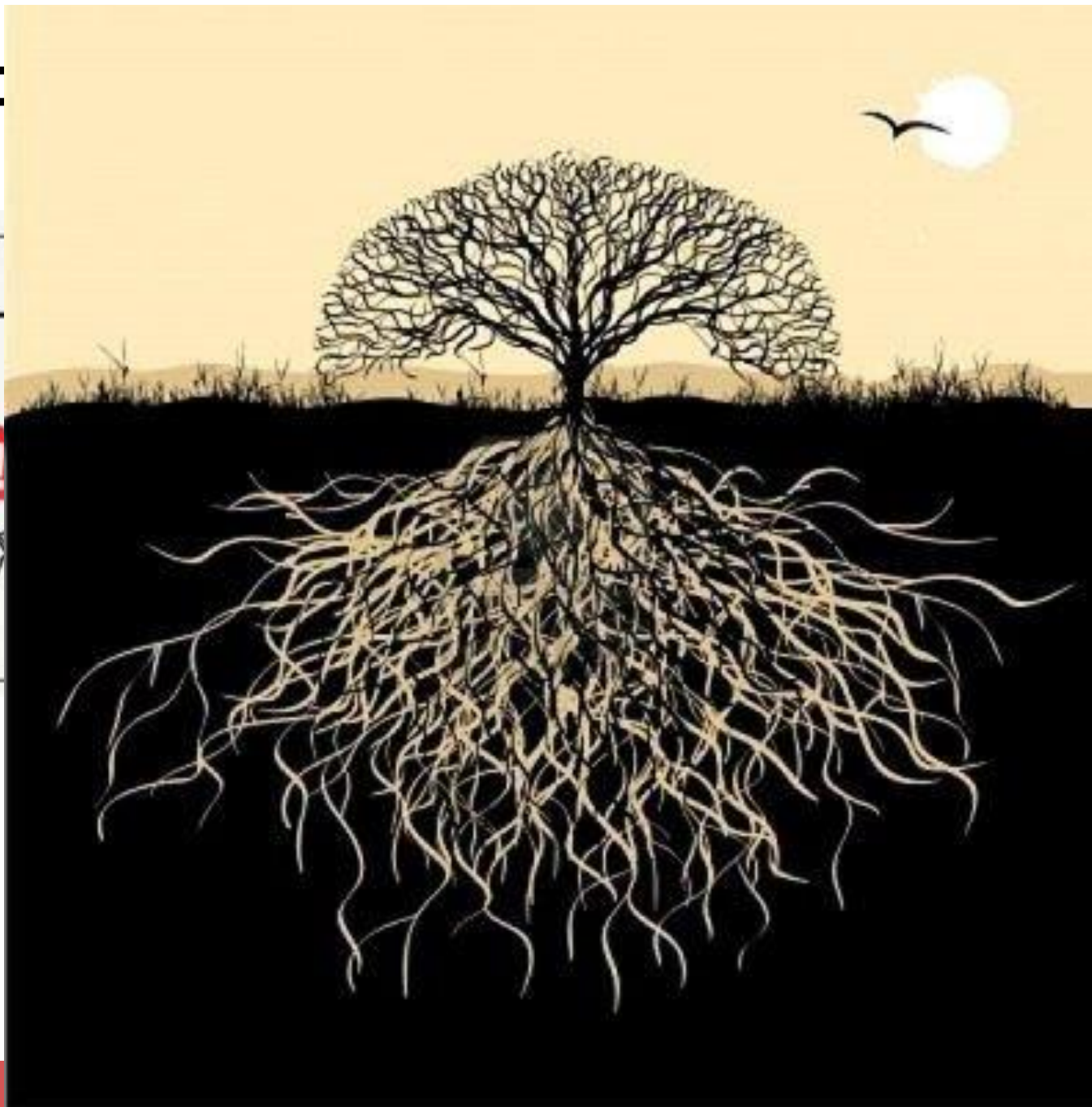
**A trauma patient in deep hemorrhagic shock doesn't receive whole blood because fluid warmer doesn't**

**FAIL**



CF

ve?



# RDCR latest update: a change in the definition of shock

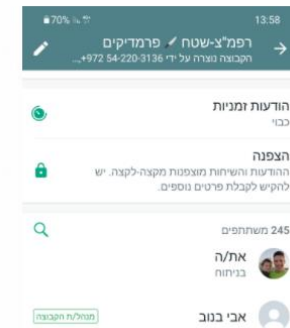
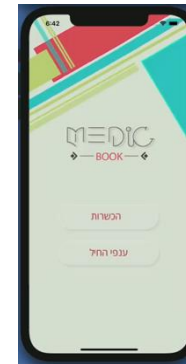
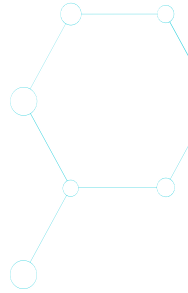
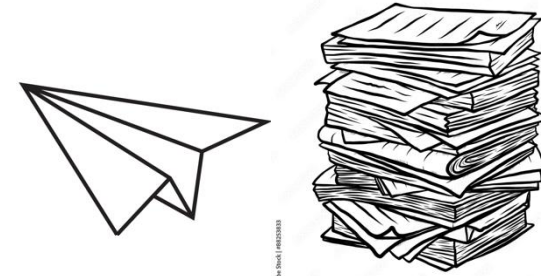
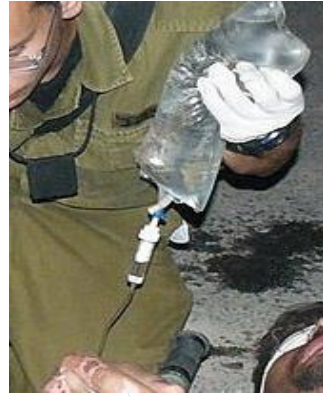


**Profound shock?**  
**SBP under 90 mmHg or**  
Lack of radial pulse when BP cannot be measured **or**  
Change of consciousness (not d/t head injury)



**Volume administration before TXA administration**

# The way we made so far



# More Challenges

- Access and **logistics** in **combat**





# Directions for the future



- Better definition of shock (new sensors?)
- Better training
- Decision Support Tools (Telemedicine? AR?)
- **Bringing blood products forward:**
  - Whole-blood to more teams
  - New storage and logistic options for whole-blood





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# Thank you

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LTC Ofer Almog, MD MHA  
Head, Trauma and Combat Medicine Branch  
IDF Medical Corps

[Traumabranch@gmail.com](mailto:Traumabranch@gmail.com)

